

Albuquerque's Premier Mental Health Clinic

7850 Jefferson St. NE, Suite 300
Albuquerque, NM 87109

Sageclinic.org
(505) 884-1114



Sage Neuroscience Center

Sage Neuroscience Center is a dynamic mental health clinic comprised of multiple medical providers. The clinicians and staff of the clinic are constantly striving to further understand the needs of the community and collaborate with insurance companies to provide affordable, accessible healthcare. Areas of specialty include: child/adolescent issues, anxiety disorders, PTSD, EMDR, couples and family therapy, schizophrenia, bipolar disorder, depression, grief, addictions and Suboxone treatment.

Types of Mental Health Services Offered at Sage Neuroscience Center

Individual Therapy

In this setting, a patient meets one-on-one with a highly trained psycho-therapist. It is an opportunity for someone to work through issues from their past or to explore how their current dynamics are influencing daily life. Individual therapy starts with a thorough and comprehensive assessment, accurate diagnosis, and manageable treatment plan.

Family / Couples Therapy

Family Therapy is an opportunity for family members to deal with the various dynamics that influence their daily relationships. Often, one member's struggle with severe mental illness can have a significant impact on how the rest of the family members handle life and their relationships with one another.

Child Evaluation / Therapy

Sage Neuroscience Center has a highly-trained staff of Child Psychiatrists, Certified Nurse Practitioners and Psychotherapists that specialize in Child Psychopathology. Children from ages 4 to 17 can be evaluated and treated using a wide array of therapeutic modalities. Our providers are trained in techniques such as Play Therapy and Sand Tray Therapy and our Medical Staff are all specifically trained in the intricacies of managing a child's medication needs.

Behavioral Health Intensive Outpatient Program

The Behavioral Health Intensive Outpatient Program (BHIOP) at Sage Neuroscience Center is designed to treat adults whose mental health issues lead to significant distress and reduce the ability to function in social, professional, or other important situations. The BHIOP is a good fit for individuals who require additional services beyond weekly therapy sessions, but do not demand the intensity of in-patient levels of care that call for hospitalization.

Medication Management

The Psychiatrists and Nurse Practitioners at Sage Neuroscience Center are held to the highest standards in the industry. We look for the most knowledgeable and gifted prescribers who will make accurate assessments and safe decisions when it comes to your individual medication needs. Psychopharmacology is something that we take very seriously and medication is only used if our practitioners feel it is safe and will precisely target your specific symptoms.

Addictions/Substance Abuse Treatment

The use of illicit drugs and/or alcohol can have devastating effects on an individual's ability to function within social and/or interpersonal settings. Sage Neuroscience Center offers a multimodal approach to helping those suffering with addiction, including detox services, an IOP program, Suboxone treatment, and relapse prevention groups.

Intensive Outpatient Program for Substance Abuse & Addiction

The Intensive Outpatient Program (IOP) is a 12 week program for individuals and their families struggling with addiction issues. The IOP structure encourages clients to actively practice implementing the recovery skills they are learning in their lives while having a supportive environment in which they and their families can process these changes.

Transcranial Magnetic Stimulation (TMS) for Treatment Resistant Depression

NeuroStar TMS Therapy is a non-invasive medical treatment performed in a psychiatrist's office. During the session, the patient is wide-awake while the treating clinician uses a treatment coil to deliver focused magnetic stimulation directly to the area of the brain thought to be involved with regulating mood. The magnetic field pulses of NeuroStar TMS Therapy are the same strength as those used in magnetic resonance imaging (MRI) machines.

Most Major Insurances Accepted
Cash & Sliding Scale Rates

Visit SageClinic.org
or call (505) 884-1114