



Sage Neuroscience Center

Assessing and Stabilizing Clients with Suicidal Ideation Using DBT Strategies

6 CEU Training Presentation by Dr. Ursula Whiteside

June 10, 2017 8:30 – 4:30 at Sage Neuroscience Center
\$125.00 +grt for professionals \$60.00 +grt for students

Sage Neuroscience Center will be bringing a very exciting 6 CEU educational and professional opportunity with a presentation by Dr. Ursula Whiteside, a licensed clinical psychologist, CEO of NowMattersNow.org and Clinical Faculty at the University of Washington, on Saturday, June 10, 2017.

This training provides a practical approach to supporting suicidal patients within health and behavioral health systems using a evidence based intervention from Dialectical Behavior Therapy. Suicidal patients are also often impacted by substance abuse, chronic pain, internal judgment, and losses in their lives and can use additional skills to manage these experiences.

Dr. Whiteside will present on information of how to effectively assess and stabilize clients with suicidal ideation using a DBT informed approach. Additionally, she will present on the most contemporary approaches to standards of care, effective assessment of emotion dysregulation, suicide risk assessment and interventions, and appropriate treatment planning with assessment information.

Dr. Ursula Whiteside, PhD, is a licensed clinical psychologist, CEO of NowMattersNow.org, and Clinical Faculty at the University of Washington. As a researcher, she has been awarded grants from the National Institute of Mental Health and the American Foundation for Suicide Prevention and also treats high-risk suicidal clients in her private practice using DBT and caring contacts. As a person with lived experience, she strives to decrease the gap between us and them and to ensure that the peer voice is represented in all relevant conversations: nothing about us without us.



Dr. Ursula Whiteside, PhD is a suicide prevention researcher, developer and CEO of NowMattersNow.org.

Register Online at SageClinic.org/training
or Call 505-884-1114 to Register by Phone

